

# VIRTUAL CLASSES

MALVERNACTIVE.CO.UK

## **MONDAY | 6.10PM**

Yoga with Miranda

## **TUESDAY | 9.45AM**

Yoga with Miranda

## **TUESDAY | 11.00AM**

Pilates with Michaela

## **TUESDAY | 7.30PM**

Yoga with Lucy

## **WEDNESDAY | 12.30PM**

Pilates with Alex

## **THURSDAY | 9.45AM**

Yoga with Miranda

## **THURSDAY | 12.15PM**

Pilates with Michaela

## **THURSDAY | 6.15PM**

Pilates with Alex

## **FRIDAY | 9.45AM**

Yoga with Lucy

