

# Health Club Members Facility Timetable

	Monday 24/02/20	Tuesday 25/02/20	Wednesday 26/02/20	Thursday 27/02/20	Friday 28/02/20	Saturday 29/02/20	Sunday 01/03/20
Gym	06:30-14:00 18:00-22:00	06:30-14:00 18:00-22:00	06:30-14:00 18:00-22:00	06:30-14:00 18:00-22:00	06:30-14:00 18:00-22:00	06:30-14:00	06:30-14:00
Swim	06:30-10:00 11:00-12:00 18:00-20:00	06:30-09:15 11:00-14:00 20:00-22:00	06:30-09:15 12:30-14:00	06:30-09:30 12:30-14:00 20:00-22:00	08:00-09:15 11:00-12:30* 12:30-13:45 20:30-22:00	06:30-08:00 <b>Family Swim</b> 12:45-13:45	06:30-09:00 <b>Family Swim</b> 11:45-12:45
Squash	06:40-14:00 18:00-22:00	06:40-14:00 18:00-22:00	06:40-14:00 18:00-22:00	06:40-14:00 18:00-22:00	06:40-14:00 18:00-22:00	06:40-14:00	06:40-14:00
Coffee Shop	08:00-14:00 18:00-20:00	08:00-14:00 18:00-20:00	08:00-14:00 18:00-20:00	08:00-14:00 18:00-20:00	08:00-14:00 18:00-20:00	08:00-14:00	08:00-14:00

	Monday 02/03/20	Tuesday 03/03/20	Wednesday 04/03/20	Thursday 05/03/20	Friday 06/03/20	Saturday 07/03/20	Sunday 08/03/20
Gym	06:30-14:00 18:00-22:00	06:30-14:00 18:00-22:00	06:30-14:00 18:00-22:00	06:30-14:00 18:00-22:00	06:30-14:00 18:00-22:00	06:30-14:00	**06:30-14:00
Swim	06:30-10:00 11:00-12:00 18:00-20:00	06:30-09:15 11:00-14:00 20:00-22:00	06:30-09:15 12:30-14:00	06:30-09:30 12:30-14:00 20:00-22:00	08:00-09:15 11:00-12:30* 12:30-13:45 20:30-22:00	06:30-08:00 <b>Family Swim</b> 12:45-13:45	**06:30-10:00
Squash	06:40-14:00 18:00-22:00	06:40-14:00 18:00-22:00	06:40-14:00 18:00-22:00	06:40-14:00 18:00-22:00	06:40-14:00 18:00-22:00	06:40-14:00	**06:40-10:00
Coffee Shop	08:00-14:00 18:00-20:00	08:00-14:00 18:00-20:00	08:00-14:00 18:00-20:00	08:00-14:00 18:00-20:00	08:00-14:00 18:00-20:00	08:00-14:00	**08:00-14:00

	Monday 09/03/20	Tuesday 10/03/20	Wednesday 11/03/20	Thursday 12/03/20	Friday 13/03/20	Saturday 14/03/20	Sunday 15/03/20
Gym	06:30-14:00 18:00-22:00	06:30-14:00 18:00-22:00	06:30-14:00 18:00-22:00	06:30-14:00 18:00-22:00	06:30-22:00	06:30-14:00	06:30-14:00
Swim	06:30-10:00 11:00-12:00 18:00-20:00	06:30-09:15 11:00-14:00 20:00-22:00	06:30-09:15 12:30-14:00	06:30-09:30 12:30-14:00 20:00-22:00	08:00-09:15 11:00-12:30* 12:30-13:45 20:30-22:00	06:30-08:00 <b>Family Swim</b> 12:45-13:45	06:30-09:00 <b>Family Swim</b> 11:45-12:45
Squash	06:40-14:00 18:00-22:00	06:40-14:00 18:00-22:00	06:40-14:00 18:00-22:00	06:40-14:00 18:00-22:00	06:40-22:00	06:40-14:00	06:40-14:00
Coffee Shop	08:00-14:00 18:00-20:00	08:00-14:00 18:00-20:00	08:00-14:00 18:00-20:00	08:00-14:00 18:00-20:00	08:00-20:00	08:00-14:00	08:00-14:00

	Monday 16/03/20	Tuesday 17/03/20	Wednesday 18/03/20	Thursday 19/03/20	Friday 20/03/20	Saturday 21/03/20	Sunday 22/03/20
Gym	06:30-14:00 18:00-22:00	06:30-14:00 18:00-22:00	06:30-14:00 18:00-22:00	06:30-14:00 18:00-22:00	06:30-14:00 18:00-22:00	06:30-14:00	06:30-14:00
Swim	06:30-10:00 11:00-12:00 18:00-20:00	06:30-09:15 11:00-14:00 20:00-22:00	06:30-09:15 12:30-14:00	06:30-09:30 12:30-14:00 20:00-22:00	08:00-09:15 11:00-12:30* 12:30-13:45 20:30-22:00	06:30-08:00 <b>Family Swim</b> 12:45-13:45	06:30-09:00 <b>Family Swim</b> 11:45-12:45
Squash	06:40-14:00 18:00-22:00	06:40-14:00 18:00-22:00	06:40-14:00 18:00-22:00	06:40-14:00 18:00-22:00	06:40-14:00 18:00-22:00	06:40-14:00	06:40-14:00
Coffee Shop	08:00-14:00 18:00-20:00	08:00-14:00 18:00-20:00	08:00-14:00 18:00-20:00	08:00-14:00 18:00-20:00	08:00-14:00 18:00-20:00	08:00-14:00	08:00-14:00

\* THREE SWIMMING LANES AVAILABLE \*\*VERY LIMITED CAR PARKING AVAILABLE ON SUNDAY 8TH MARCH

PLEASE DO NOT ENTER THE CHANGING ROOMS BEFORE THE STATED FACILITY START TIME  
AND PLEASE VACATE WITHIN 10 MINUTES OF THE STATED FACILITY CLOSING TIME