

Health Club Members Facility Timetable

	Monday 27/01/19	Tuesday 28/01/19	Wednesday 29/01/20	Thursday 30/01/20	Friday 31/01/20	Saturday 01/02/20	Sunday 02/02/20
Gym	06:30-14:00 18:00-22:00	06:30-14:00 18:00-22:00	06:30-14:00 18:00-22:00	06:30-14:00 18:00-22:00	06:30-14:00 18:00-22:00	06:30-14:00	06:30-14:00
Swim	06:30-10:00 11:00-12:00 18:00-20:00	06:30-09:15 11:00-14:00 20:00-22:00	06:30-09:15 12:30-14:00	06:30-09:30 12:30-14:00 20:00-22:00	08:00-09:15 11:00-12:30* 12:30-13:45 20:30-22:00	06:30-08:00 Family Swim 12:45-13:45	06:30-09:00 Family Swim 11:45-12:45
Squash	06:40-14:00 18:00-22:00	06:40-14:00 18:00-22:00	06:40-14:00 18:00-22:00	06:40-14:00 18:00-22:00	06:40-14:00 18:00-22:00	06:40-14:00	06:40-14:00
Coffee Shop	08:00-14:00 18:00-20:00	08:00-14:00 18:00-20:00	08:00-14:00 18:00-20:00	08:00-14:00 18:00-20:00	08:00-14:00 18:00-20:00	08:00-14:00	08:00-14:00

	Monday 03/02/20	Tuesday 04/02/20	Wednesday 05/02/20	Thursday 06/02/20	Friday 07/02/20	Saturday 08/02/20	Sunday 09/02/20
Gym	06:30-14:00 18:00-22:00	06:30-14:00 18:00-22:00	06:30-14:00 18:00-22:00	06:30-14:00 18:00-22:00	06:30-14:00 18:00-22:00	06:30-14:00	06:30-14:00
Swim	06:30-10:00 11:00-12:00 18:00-20:00	06:30-09:15 11:00-14:00 20:00-22:00	06:30-09:15 12:30-14:00	06:30-09:30 12:30-14:00 20:00-22:00	08:00-09:15 11:00-12:30* 12:30-13:45 20:30-22:00	06:30-08:00 Family Swim 12:45-13:45	06:30-09:00 Family Swim 11:45-12:45
Squash	06:40-14:00 18:00-22:00	06:40-14:00 18:00-22:00	06:40-14:00 18:00-22:00	06:40-14:00 18:00-22:00	06:40-14:00 18:00-22:00	06:40-14:00	06:40-14:00
Coffee Shop	08:00-14:00 18:00-20:00	08:00-14:00 18:00-20:00	08:00-14:00 18:00-20:00	08:00-14:00 18:00-20:00	08:00-14:00 18:00-20:00	08:00-14:00	08:00-14:00

	Monday 10/02/20	Tuesday 11/02/20	Wednesday 12/02/20	Thursday 13/02/20	Friday 14/02/20	Saturday 15/02/20	Sunday 16/02/20
Gym	06:30-14:00 18:00-22:00	06:30-14:00 18:00-22:00	06:30-14:00 18:00-22:00	06:30-14:00 18:00-22:00	06:30-22:00	06:30-14:00	06:30-14:00
Swim	06:30-10:00 11:00-12:00 18:00-20:00	06:30-09:15 11:00-14:00 20:00-22:00	06:30-09:15 12:30-14:00	06:30-11:00 12:30-14:00 20:00-22:00	08:00-09:15 11:00-12:30* 12:30-13:45 20:30-22:00	06:30-08:00 Family Swim 12:45-13:45	06:30-09:00 Family Swim 11:45-12:45
Squash	06:40-14:00 18:00-22:00	06:40-14:00 18:00-22:00	06:40-14:00 18:00-22:00	06:40-14:00 18:00-22:00	06:40-22:00	06:40-14:00	06:40-14:00
Coffee Shop	08:00-14:00 18:00-20:00	08:00-14:00 18:00-20:00	08:00-14:00 18:00-20:00	08:00-14:00 18:00-20:00	08:00-20:00	08:00-14:00	08:00-14:00

	Monday 17/02/20	Tuesday 18/02/20	Wednesday 19/02/20	Thursday 20/02/20	Friday 21/02/20	Saturday 22/02/20	Sunday 23/02/20
Gym	06:30-22:00	06:30-22:00	06:30-22:00	06:30-22:00	06:30-22:00	06:30-14:00	06:30-14:00
Swim	06:30-11:00 Family Swim 11:15-12:15 12:30-14:00 18:00-20:00	06:30-11:00 Family Swim 11:15-12:15 12:30-14:00 20:00-22:00	06:30-11:00 Family Swim 11:15-12:15 12:30-14:00 18:00-22:00	06:30-11:00 Family Swim 11:15-12:15 12:30-14:00 20:00-22:00	06:30-11:00 Family Swim 11:15-12:15 12:30-14:00 20:30-22:00	06:30-08:00 Family Swim 12:45-13:45	06:30-09:00 Family Swim 11:45-12:45
Squash	06:40-22:00	06:40-22:00	06:40-22:00	06:40-22:00	06:40-22:00	06:40-14:00	06:40-14:00
Coffee Shop	08:00-20:00	08:00-20:00	08:00-20:00	08:00-20:00	08:00-20:00	08:00-14:00	08:00-14:00

* THREE SWIMMING LANES AVAILABLE

PLEASE DO NOT ENTER THE CHANGING ROOMS BEFORE THE STATED FACILITY START TIME
AND PLEASE VACATE WITHIN 10 MINUTES OF THE STATED FACILITY CLOSING TIME