

Please indicate any connection to Malvern College:				lf empl	If employed at the College, please indicate position held:				
Title:	e: First name(s):			Surname:					
Addres	55:								
					Postcode:				
Email a	address:				Date	of birth:			
Contact telephone:				Emergency contact telephone:					
	onal family membe			mbership:					
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Please	indicate your key ain	n(s) in joining							
Sports-specific training Reduce						Muscle toning			
	crease energy levels		building	Social		Relaxation	Increase flex	kibility	
Please indicate your main area of interest Swimming pool Racquet sports Fitness Suite Studio classes									
	lvern Active and/or Malver receive any such communic		you information abou	It products and so	ervices which	may be of interest	to you. Please tick here if y	ou do not wish	
l cor use alon	personal information abou	it me (and any additi ho has signed this ap	onal family members) oplication form. This n) as set out in the	terms and co	nditions. I underst	ns of membership. I agree t and that I am jointly and se ship fee and we are all respo	verally liable	
Signed (primary member):			Name (please print):				Date:		
Signed (all additional family members age			ed 16 or over):	Name (please	print):		Date:		
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HEALTH COMMITMENT STATEMENT

Your health and well-being is your own responsibility. The management and the staff of Malvern Active are committed to helping you take every opportunity to enjoy the facilities we have to offer. With this in mind, we have carefully considered what we can reasonably expect of each other.

OUR COMMITMENT TO YOU

- We will respect your personal decisions, and allow you to make your own choices about what exercise you can carry out. However, we ask you not to exercise beyond what you consider to be your own abilities
- We will make every reasonable effort to make sure that our equipment and facilities are in safe condition for you to use and enjoy.
- We will take all reasonable steps to make sure that our staff are qualified to the fitness industry standards as set out by the Register of Exercise Professionals.
- If you tell us that you have a disability which puts you at substantial disadvantage in accessing our equipment and facilities, we will consider what adjustments, if any, are reasonable for us to make.

YOUR COMMITMENT TO US

- You should not exercise beyond your own abilities. If you know or are concerned that you have a medical condition which might interfere with you exercising safely, before you use our equipment and facilities you should get advice from a relevant medical professional and follow that advice.
- You should make yourself aware of any rules and
- instructions, including warning notices. Exercise carries its own risks. You should not carry out any activities which you are not suitable for you.
- You should let us know immediately if you feel ill when using our equipment or facilities. Our staff members are not qualified doctors, but there will be a qualified First Aider on site.
- If you have a disability, you must follow any reasonable instructions to allow you to exercise safely.

If you have any disability or condition that may hinder your ability to exercise, please state below:



This statement is for guidance only. It is not a legally binding agreement betweer you and us and does not create any obligations which you or we must meet. © 2009 EIDO Healthcare Limited

Signed:

Date:

Staff member:

